

HOLY CROSS COLLEGE

(Autonomous)

Affiliated to Bharathidasan University

Nationally Accredited (4th Cycle) with A++ Grade (CCPA 3.75/4) by NAAC

College with Potential for Excellence

Tiruchirappalli-2

RESCAPES

(Rural Enrichment through Students and Community Action
and Participation for Environmental Sustainability)



EDUCATIONAL PROGRAMS



NAME OF THE ACTIVITY	ENGLISH AND MATHEMATICS TEACHING FOR DELTA MISSION STUDENTS
COLLABORATION WITH	GOVERNMENT HIGHER SECONDARY SCHOOL, C.AYYAMPALAYAM
DATE	5 TH & 10 TH OCTOBER 2023
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, C.AYYAMPALAYAM
NO OF STAFF	1
NO OF STUDENTS PARTICIPATED	119

After COVID-19 school student's observation capacity come down. Most of the students were lacking in reading, writing and in calculation. To overcome this aspect, Education department of Tiruchirappalli brought a scheme named DELTA MISSION. Through this mission student were identified and they were given special attention, so they can read, write and do well in calculation. Our College extension department RESCAPES had discussed with the Head Master of Government Higher Secondary School, C. Ayyampalayam Manachanallur and support the school students in this Delta Mission. Our college students taught Tamil, English reading and Mathematics calculation.



Teaching, Tamil, English and Mathematics to the school students of C.Ayyampalayam



Teaching, Tamil, English and Mathematics to the school students of C.Ayyampalayam



Teaching, Tamil, English and Mathematics to the school students of C.Ayyampalayam



Teaching, Tamil, English and Mathematics to the school students of C.Ayyampalayam



NAME OF THE ACTIVITY	HOW TO PREPARE FOR EXAMINATION
COLLABORATION WITH	LIONS CLUB OF FORTUNE, TIRUCHIRAPPALLI
DATE	10 TH OCTOBER 2023
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, C.AYYAMPALAYM
NO OF STAFF	1
NO OF STUDENTS PARTICIPATED	95 (11 th Standard Students)

Examination is an important aspect of education. Rural school students scared a lot about examination. To help them to overcome the fear of examination and in order to help them to prepare for examination our college extension department RECAPES in collaboration with Lions Club of Fortune, Tiruchirappalli conducted a program on “HOW TO PREPARE FOR EXAMINATION” for the 11th Standard school students of Government Higher Secondary School, C. Ayyampalaym, Manachanalallur. MRS.GHOUSE, PROPRIETOR, KALCHI Organization explained the various easy ways to prepare for examination and motivated the students through various stories and examples.



Explaining to the school students about how to prepare for exam



Sharing ideas and stories for preparing for examinations



NAME OF THE ACTIVITY	HOW TO PREPARE FOR EXAMINATION
COLLABORATION WITH	LIONS CLUB OF FORTUNE, TIRUCHIRAPPALLI
DATE	11 TH OCTOBER 2023
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, C.AYYAMPALAYM
NO OF STAFF	1
NO OF STUDENTS PARTICIPATED	92 STUDENTS (10 TH STANDARD)

Rural school students are scared of examination. To help them to overcome the fear of examination our college extension department RESCAPES in collaboration with Lions Club of Fortune, Tiruchirappalli conducted a program on “HOW TO PREPARE FOR EXAMINATION” for the 10th Standard school students of Government Higher Secondary School, C. Ayyampalaym, Manachanalallur. MRS.JAYANTHI, shared the real life stories about persons who succeeded in examination. And also explained various tips for the preparation of examination.



Explaining techniques for writing examinations and clarifying the students doubts



Mr.P.Karthik, Coordinator of RESCAPES explained the importances the session



NAME OF THE ACTIVITY	SCIENCE HACKATHON
COLLABORATION WITH	LIONS CLUB OF FORTUNE, THIRUCHIRAPPALLI
DATE	13 TH OCTOBER 2023
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, C.AYYAMPALAYM
NO OF STAFF	2

Rural school students are facing lack of opportunities to express their talents, but now a days' government also is supporting rural school students to express their thoughts and ideas. Our college our college extension department RESCAPES in collaboration with Lions Club of Fortune, Tiruchirappalli conducted a Science Hackathon program for the school students of Government Higher Secondary School, C. Ayyampalayam, Manachanallur. The students showed their skills and talents through participating in the events. Various science models and innovative working models were displayed and explained by the school students. Students from 6th standard to 12th standard students who participated in the program. And prizes were given to all the participated.



Students explained their science models



Students explained the science models and its working condition



Prizes were given to all the participants in the Science Hackathon



NAME OF THE ACTIVITY	HOW TO FACE PUBLIC EXAM
COLLABORATION WITH	LIONS CLUB OF FORTUNE, TIRUCHIRAPPALLI
DATE	23 RD FEBRUARY 2024
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, THIRUVALARSOLAI
NO OF STAFF	1
NO OF STUDENTS PARTICIPATED	92 (12 th Standard school students participated)

To help them overcome the fear of examination our college extension department RESCAPES in collaboration with PAAVAI Foundation organized a program on “HOW TO FACE PUBLIC EXAM” and Mrs.Rajamaheswari was the resources person from Social Welfare Board, Tiruchirappalli, proud alumna of our Holy Cross College (Autonomous) Tiruchirappalli (Department of History) She explained what are the obstacles students faced before examination and also explained how to overcome these obstacles and explained to the students what are the steps to follow to face public exams.



Mr.Ravichandran, Head Master of the school explained the importance of the program to the school students



Mr.P.Karthik, Coordinator of RESCAPES, explained the importance of college education for the school students.



NAME OF THE ACTIVITY	PROGRAMME ON “Future Goals and Building Careers”
COLLABORATION WITH	GOVERNMENT HIGHER SECONDRY SCHOOL, SIRUGAMBR
DATE	29-02-2024
VILLAGE NAME	SIRUGAMBUR
NO OF STAFF	01
NO OF BENEFICIARIES	45

“Future Goals and Building Careers”

On 29th February, The Department of RESCAPES at Holy Cross College organized a Career Development Program. Collaboration with SOC SEAD delivered an insightful lecture, guiding students on effective study strategies and offering valuable insights for building a successful career. The event aimed to empower students with the knowledge and skills necessary for a bright future.



Holy Cross College organized a Career Development Program.in Government Higher Secondary School, Sirugambr.



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VILLAGE TUITION CENTRE



NAME OF THE ACTIVITY	VILLAGE TUITION CENTRE
COLLABORATION WITH	LIONS CLUB OF THILLAINAGAR , TIRUCHIRAPPALLI
VENUE	N.94 KARIYAMANIKAM
NO OF STAFF	1
NO OF STUDENTS PARTICIPATED	28



To empower the education of the rural school students our college extension department RESCAPES in collaboration with LIONS CLUB OF THILLAINAGAR, Tiruchirappalli was established at No.94 Kariyamanikam village. The tuition center rent is provided by Holy Cross College (Autonomous) Tiruchirappalli and the salary for the tuition teacher provided by LIONS CLUB OF THILLAINAGAR, Tiruchirappalli. Nearly 15 to 21 students are studying in the evening tuition center.

VILLAGE TUITION CENTRE AT NO.94 KARIYAMANIKAM VILLAGE.



VILLAGE TUITION CENTRE AT NO.94 KARIYAMANIKAM VILLAGE.



HOLY CROSS COLLEGE (AUTONOMOUS)
TIRUCHIRAPPALLI-2
RESCAPES ADOPTED URBAN SLUM TUITION CENTER
FOR SCHOOL CHILDREN

Through our College Extension Department RESCAPES we started tuition centers at some of our adopted slum area Vennis street and Pathuvai Nagar in the academic year 2023-2024. The main purpose of these tuition centers is to help the slum area students from class I to X collaboration with Integrated Development trust the salary for the tuition teacher provided by Integrated Development trust nearly 30 students are studying in the evening tuition center.



Adopted slum area Vennis street evening tuition center



Adopted slum area Pathuvai Nagar evening tuition center



12-Sep-2023 6:19:42 pm
Melachinthamani
Tiruchirappalli
Tamil Nadu



27-Oct-2023 7:02:56 pm
Pusari Street 2nd Cross
Melachinthamani
Tiruchirappalli
Tamil Nadu

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GROUP COUNSELLING
FOR SCHOOL STUDENTS

NAME OF THE ACTIVITY	FAMILY COUNSELLING
COLLABORATION WITH	SOCSEAD DE-ADDICTION CENTRE,TIRUCHIRAPPALLI
DATE	25 TH OCTOBER 2023
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, C.AYYAMPALAYM
NO OF STAFF	1
NO OF BENEFICES	51 SCHOOL GIRL STUDENTS

School students facing a wide range of distractions. To overcome certain distractions school students, need additional support. So our College in collaboration with SOCSEAD Tiruchirappalli organized a group counselling (Family Counselling) for the school students of Government Higher Secondary School, C.Ayyampalayam.(Adopted village school). Mrs.RAVATHI, Family Counsellor, SOCSEAD, explained to the school students about the various mode of distractions and also explained the ways to overcome it and also explained how the distraction affect one self and family and family members. Girl students from 9th Standard participated in the programme.



Mrs.RAVATHI, Family Counsellor, SOCSEAD, explained to the school students about the various modes of distractions



Mrs.RAVATHI, Family Counsellor, SOCSEAD, explained to the school students about the importance of Family



NAME OF THE ACTIVITY	LOVE AND INFATUATION
COLLABORATION WITH	SOCSEAD DE-ADDICTION CENTRE,TIRUCHIRAPPALLI
DATE	08 TH FEBRUARY 2024
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, C.AYYAMPALAYM
NO OF STAFF	1
NO OF BENEFICES	36 SCHOOL BOYS AND 32 GIRLS STUDENTS (68)

Today school students lack awareness between Love and Infatuation. So our College extension department RESCAPES in collaboration with SOCSEAD De-addiction Centre, Tiruchrappalli conducted a group counselling for the school boys and girl's students of Government Higher Secondary School students on 08th February 2024. Mrs.RAVATHI, Family Counsellor, SOCSEAD, explained to the school girl students about the difference between love and infatuation and problem faced by girl because of lack of knowledge to differentiate it and also explained the ways to overcome infatuation. MRS.NALLANGAL, IRCA Counsellor also explained the difference between love and incaution to the boy's students.



Mrs.RAVATHI, Family Counsellor, SOCSEAD, explained to the school girl students about the difference between love and infatuation



MRS.NALLANGAL, IRCA Counsellor also explained the difference between love and incaution to the boy's students



NAME OF THE ACTIVITY	MOBILE ADDICTION
COLLABORATION WITH	SOCSEAD DE-ADDICTION CENTRE, TIRUCHIRAPPALLI
DATE	27 th FEBRUARY 2024
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, C.AYYAMPALAYM
NO OF STAFF	1
NO OF BENEFICES	91 STUDENTS

Today school students were addicted to Mobile usage. Because of that school students are facing a wide range of physical and psychosocial problems. SR. JAYASHELI from SOCSEAD Tiruchirappalli, explained the health problems faced by the children and also explained how school students struggle in education. She explained about concentration problems, memory problem, reasoning and listening problem because of using mobile. Mrs. RAVATHI, explained about the difference between love and infatuation.



SR. JAYASHELI from SOCSEAD Tiruchirappalli, explained the health problems faced by the children because of mobile usage.



Mrs.RAVATHI, explained about the difference between love and infatuation.



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HEALTH EDUCATION PROGRAMS



NAME OF THE ACTIVITY	DIABETES SCREENING CAMP
COLLABORATION WITH	LIONS CLUB OF FORTUNE, TIRUCHIRAPPALLI
DATE	26 TH SEPTEMBER 2023
VENUE	THANDALAIPUTHUR PANCHAYAT
NO OF STAFF	3
NO OF STUDENTS PARTICIPATED	199

Diabetes is a major health issue in the present decade. Most of the people suffer from diabetes, rural people's health is also affected because of diabetes due to lack of knowledge and awareness. So our college extension department RESCAPES in collaboration with Lions Club of Fortune, Tiruchirappalli, organized a Diabetes screening camp at Thanadalaiputhur panchayat, Murisi Block, The Medical team were from PRABHU DIABETES MULTI-SPECIALTY CENTRE, TIRUCHIRAPPALLI. 199 people participated and were screened.



Diabetes screening camp at Thanadalaiputhur panchayat-199 people were screened



Diabetes screening camp at Thanadalaiputhur panchayat-199 people were screened



Diabetes screening camp at Thanadalaiputhur panchayat-199 people were screened



Dr.Praveen Kumar explained the importance of Diabetes screening and Mr.P.Karthik explained the need of the camp to the village people.



NAME OF THE ACTIVITY	DRUG ABUSE
COLLABORATION WITH	PAAVAI FOUNDATION
DATE	10 TH OCTOBER 2023
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, THIRUVALARSOLAI
NO OF STAFF	1
NO OF STUDENTS PARTICIPATED	73



Today youngsters and school and college students were addicted to various things. Among that drug occupies the major part. The influence of drug in various forms affects the student's health and education. So our college in collaboration with PAAVAI FOUNDATION conducted a self-awaken session for the school students of Government Higher Secondary School, Thiruvallarsolai. Mr.J. Deepak explained the various types of drugs and its health hazards and also explained the rehabilitation centers for various drug abuse and also explained the role of the school students in eradication of drugs.

Head Master Mr.Ravichandran explained the importance of the Drug Abuse program to the school students and role of the students in prohibiting the substance



Mr.J. Deepak explained the various types of drugs and its health hazards and also explained the rehabilitation centers for various drug abuse and also explained the role of the school students in eradication of drugs



NAME OF THE ACTIVITY	ALCOHOL ADDICTION
COLLABORATION WITH	SOCSEAD DE-ADDICTION CENTER
DATE	11 TH OCTOBER 2023
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, C.AYYAMPALYAM
NO OF STAFF	1
NO OF STUDENTS PARTICIPATED	126 SCHOOL STUDENTS



Alcohol Addiction is major problem in the present decade among the youngsters. So our college extension department RESCAPES in collaboration with SOCSEAD De-addiction center conducted a knowledge sharing program for the school students of Government Higher Secondary School, C.Ayyampalayam, Manachanallur. Sr. Jayaseeli, from SOCSEAD explained how health is affected because of consuming Alcohol, Smoking and using of tobacco in various forms to the school students and Mr. Sasi., Family Counselor from SOCSEAD explained how school students were affected due to family decimation and role of children in family.

Mr. Sasi., Family Counselor from SOCSEAD explained how school students were affected due to family decimation and role of children in family



Mr.P.KARTHIK Coordinator of RESCAPES explained the need of the program and role of the school students in the abolishment of various drugs.



NAME OF THE ACTIVITY	TB, HIV, AIDS AWARENESS
COLLABORATION WITH	PAAVAI FOUNDATION
DATE	13 TH OCTOBER 2023
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, C.AYYAMPALYAM
NO OF STAFF	1
NO OF STUDENTS PARTICIPATED	146 SCHOOL STUDENTS



Today youngsters and school and college students were unaware of certain diseases, to help them to be aware of these diseases our college extension department RESCAPES organized a knowledge sharing program on TB & HIV/AIDS awareness program in collaboration with PAAVAI FOUNDATION at Government Higher Secondary School, C-Ayyampalayam, Manachanallur. Mr.J. Deepak explained the various ways of spreading of TB & HIV/AIDS and treatment and preventive ways, to the school students.

Mr.J. Deepak explained the various ways of spreading of TB & HIV/AIDS and treatment and preventive ways, to the school students.



NAME OF THE ACTIVITY	HIV-AIDS AWARENESS
COLLABORATION WITH	PAAVAI FOUNDATION
DATE	25 TH OCTOBER 2023
VENUE	NO.94 KARIYAMANIKAM
NO OF STAFF	1
NO OF STUDENTS PARTICIPATED	21



Today rural people are also aware of HIV/AIDS, even though educational institution were in the role of reinforcing the public to follow the ethical values in their life for welfare of their family and the development of nation. So our college extension department RESCAPES organized a knowledge sharing program on TB & HIV/AIDS awareness program in collaboration with PAAVAI FOUNDATION at Government Higher Secondary School, C-Ayyampalayam, Manachanallur. Mr.J. Deepak explained the various ways of spreading of TB & HIV/AIDS and treatment and preventive ways to the village people.

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SCHOOL TEACHING PROGRAMS



NAME OF THE ACTIVITY	SCHOOL TEACHING (TAMIL, ENGLISH AND MATHEMATICS)
COLLABORATION WITH	GOVERNMENT HIGHER SECONDARY SCHOOL, C-AYYAMPALAYAM GOVERNMENT HIGHER SECONDARY SCHOOL, SIRUGAMPUR GOVERNMENT HIGHER SECONDARY SCHOOL, THIRUVALARSOLAI
DATE	05 TH FEBRUARY 2024 TO 08 TH MARCH 2024
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, C-AYYAMPALAYAM
NO OF STAFF	2
NO OF STUDENTS PARTICIPATED	260



After Covid-19 school students reading, writing and listening habits became very poor and government took various steps to overcome this aspect. In Tiruchirappalli district the educational department initiated “DELTA MISSION” Program for these category students. The aim of this program is to identify the school students who are poor in reading, writing, Tamil, English and Mathematics and to give them special attention and enlighten them in reading, writing and calculation. Our College extension department RESCAPES supported this program by sending our college students from BCA, COMPUTER SCIENCE, ENGLISH AND MATHEMATICS to GOVERNMENT HIGHER SECONDARY SCHOOL, C-AYYAMPALAYAM, GOVERNMENT HIGHER SECONDARY SCHOOL, SIRUGAMBUR and GOVERNMENT HIGHER SECONDARY SCHOOL, THIRUVALARSOLAI and support the school students in reading, writing and calculation of TAMIL, ENGLISH and MATHEMATICS by one to one teaching, one to two teaching and group teaching according to the school students capacity.

NAME OF THE ACTIVITY	SCHOOL TEACHING (TAMIL, ENGLISH AND MATHEMATICS)
COLLABORATION WITH	GOVERNMENT HIGHER SECONDARY SCHOOL, C-AYYAMPALAYAM
DATE	05 TH FEBRUARY 2024 TO 08 TH MARCH 2024
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, C-AYYAMPALAYAM
NO OF STAFF	2
NO OF STUDENTS PARTICIPATED	54



Teaching TAMIL, ENGLISH and MATHEMATICS by one to one teaching, one to two teaching and group teaching according to the school students capacity at Government Higher Secondary School, C.AYYAMPALAYAM



NAME OF THE ACTIVITY	SCHOOL TEACHING (TAMIL, ENGLISH AND MATHEMATICS)
COLLABORATION WITH	GOVERNMENT HIGHER SECONDARY SCHOOL, SIRUGAMBUR
DATE	05 TH FEBRUARY 2024 TO 08 TH MARCH 2024
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, SIRUGAMBUR
NO OF STAFF	2
NO OF STUDENTS PARTICIPATED	72



Teaching TAMIL, ENGLISH and MATHEMATICS by one to one teaching, one to two teaching and group teaching according to the school students capacity at Government Higher Secondary School, SIRUGAMBUR



Mar 5, 2024 3:14:16 PM
Sirukambur
Tamil Nadu
Index number: 2104



Mar 8, 2024 2:59:57 PM
Sirukambur
Tamil Nadu
Index number: 2120

NAME OF THE ACTIVITY	SCHOOL TEACHING (TAMIL, ENGLISH AND MATHEMATICS) (SERVICE EXTENDED TO OTHER VILLAGE ON NEED BASIS)
COLLABORATION WITH	GOVERNMENT HIGHER SECONDARY SCHOOL, THIRUVALARSOLAI
DATE	05 TH FEBRUARY 2024 TO 08 TH MARCH 2024
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, THIRUVALARSOLAI
NO OF STAFF	2
NO OF STUDENTS PARTICIPATED	35



Teaching TAMIL, ENGLISH and MATHEMATICS by one to one teaching, one to two teaching and group teaching according to the school students capacity at Government Higher Secondary School, Thiruvallarsolai



Report on Training Session for School Teachers on “Pedagogical Approaches in Teaching Mathematics and Science

On 16th August, 2024, Dr. J. Rosaline Vimala, and Dr. J. Merlin Vinotha, Assistant Professors of Chemistry and Mathematics, Holy Cross College(Autonomous) Tiruchirappalli-2, served as resource persons for a specialized training session aimed at enhancing the pedagogical skills of school teachers of R.C. Middle School, Butterworth Road, Trichy-2. The session focused on innovative approaches in teaching mathematics and science. Dr. J. Rosaline Vimala and Dr. J. Merlin Vinotha covered a range of effective teaching and learning methods designed to engage students in the classroom. Emphasis was placed on interactive and student-centered approaches, ensuring that teachers could foster a more dynamic and inclusive learning environment.

A significant highlight of the session was the introduction of AI tools in education. The resource persons demonstrated how artificial intelligence can be leveraged to personalize learning experiences, assess student progress, and provide targeted feedback. They showcased practical examples of AI applications in both mathematics and science education, providing teachers with valuable insights into integrating technology into their curriculum.

The training session was well-received by the participants, who expressed enthusiasm for implementing the new strategies and tools in their classrooms. The event concluded with a discussion on the future of education and the continued importance of professional development for educators.

